

ALL DAY BREAKFAST

Organic granola / 3.9

Served with berries and the kind of yoghurt parfait that has been known to cause minor obsessions.

Salmon & cream cheese bagel / 6

Everyone's favorite bagel combo, topped with tomato and onion.

Savory muffin / 6

With turkey ham, egg and gouda. Order at least 1 per person because these bad boys are way too good to share.

Two free-range eggs with toast / 6

Omelette, scrambled, fried or any way you like it.
+ potato / 2, + bacon / 1, + mushrooms / 1, + beans / 1, + cheese / 1

Buttermilk banana pancakes / 5

The buttermilk makes it tender and fluffy. The banana makes it sweet. The combo makes it the perfect go-to breakfast any day of the week.

SIDES

French fries / 2.70

Organic green beans / 3

Maccheroni & cheese / 4

Green salad / 4

PURE HEALTH

HIGH-ENERGY, LOW-CALORIE DISHES FOR HAPPY, HEALTHY BODIES.

Carrot & pumpkin soup / 6

213 Kcal - 4g Protein - 14g Fat - 15g Kh - 4g Fiber

Power Salad / 7 + chicken (400 cal) / 10

253 Kcal - 9g Protein - 16g Fat - 16g Kh - 7g Fiber

Red Pesto Bulgar / 8 + Spicy Cod Fish (221 cal) / 12

294 Kcal - 12g Protein - 7g Fat - 44g Kh - 6g Fiber

SANDWICHES

SANDWICH WITH HARTOG'S VOLKOREN BREAD

Toastie Ham and Cheese / 4.9

Mediterranean special / 6

Served with our signature Lebanese hummus spread, grilled chicken, cheese and fresh veggies.

Tuna Melt / 6

Topped with soft weight cheese and grilled in our stone oven.

Beetroot spread, avocado and tomato / 6 (V)

How come vegetarians have all the fun?

Pulled pork cuban sandwich / 9

Made with Iberico pork. What's the difference between Iberico pork and regular pork? Oh man. Prepare to have your mind blown.

STONE OVEN PIZZA

Diavola / 7 (V)

Warning: hot! Don't even think of taking a bite without a cold beer standing by.

Garlic Mushroom Pizza / 8

We recommend sharing with someone who loves you.

Bianca Regina / 9

White pizza with mushroom, ham and fresh herbs.

Parma ham & rocket / 11

This one's kinda of a no-brainer. We start with a base of creamy mozzarella di bufala and ripe tomatoes. Then we add parma ham and rocket salad. Divino!

BIG PLATES

The Pool Beef Burger single / 9 - double / 14

100% organic beef, topped with Old Amsterdam cheese. Served with seriously spicy tomato sauce and fries.

Salmon with dill cream sauce / 14

So sophisticated, we should have a white-gloved butler bring it to your table. Served with gluten-free penne pasta.

TSH salad / 12

Classic Dutch combo, with a twist: herring, beetroot, quinoa, apple, pickles and lettuce.

GUILTY PLEASURE

Apple Tart / 5

Good, old-fashioned apple pie. Tastes the same as a hug from grandma feels.

Raspberry & Pistachio Brownie / 6

Vondelgym-approved! 381 Kcal - 7g Protein - 27g Fat - 4g Kh - 4g Fiber

Pizza Nutella and banana / 6

You've seriously never had Nutella and banana before? You should fix that. Immediately.

ASK FOR OUR DAILY SPECIALS

ALSO AVAILABLE TO TAKE AWAY OR DELIVERY

the pool

#DIVEIN #MEETMEATTHEPOOL